



# WHERE CAN I DONATE MY PLATELETS?

**PLATELET DONATION IS ONLY PERFORMED BY APPOINTMENT AT OUR DONATION VENUES.**

## HAINAUT LA LOUVIÈRE

Avenue Max Buset 40  
7100 La Louvière  
**Tel: 064 23 81 73**  
Open on:  
Mon: 09:00-12:00 / 12:30-15:30  
Tue: 13:00-19:30  
Wed: 13:00-19:30  
Thurs: 13:00-19:30  
Fri: 09:00-12:00 / 12:30-15:30  
Sat: 09:00 à 13:00  
(3<sup>rd</sup> Saturday of the month)

## MONS

Chaussée de Binche 101 A  
7000 Mons  
**Tel: 065 22 10 30**  
Open on:  
Mon: 09:00-20:00  
Tue: 09:00-12:00 / 12:30-16:15  
Wed: 09:00-19:30  
Thurs: 09:00-19:30  
Fri: 13:00-19:15  
Sat: 09:00-13:00  
(2<sup>nd</sup> Saturday of the month)

## TOURNAI

Chaussée de Renaix 47  
7500 Tournai  
**Tel: 069 88 96 80**  
Open on:  
Mon: 09:00-20:00  
Tue: 09:00-12:00 / 12:30-16:15  
Wed: 13:00-19:30  
Thurs: 13:00-19:30  
Fri: 09:00-12:00 / 12:30-16:15  
Sat: 09:00-13:00  
(1<sup>st</sup> Saturday of the month)

## BRUSSELS

**ERASME**  
Route de Lennik 808  
1070 Bruxelles  
**Tel: 02 526 92 69**  
Open on:  
Mon/Wed/Fri: 08:00-15:30  
Tue/Thurs: 11:30-19:00  
Sat: 09:00- 12:30  
(1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month)

## HUSTIN

Rue Haute 290  
1000 Bruxelles  
**Tel: 02 535 45 81**  
Open on:  
Mon/Wed/Fri: 08:00-15:30  
Tue/Thurs: 11:30-19:00  
Sat: 09:00- 12:30  
(1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month)

## WOLUWE

Avenue Konrad Adenauer 4,  
1200 Woluwe-Saint-Lambert  
**Tel: 02 775 03 10**  
Open on:  
Mon/Wed/Fri: 08:00-15:30  
Tue/Thurs: 11:30-19:00  
Sat: 09:00- 12:30  
(2<sup>nd</sup> and 4<sup>th</sup> Saturday of the month)

## BRABANT WALLON LOUVAIN-LA-NEUVE

Place de l'Université 25/2  
1348 Louvain-La-Neuve  
**Tel: 010 45 14 71**  
Open on:  
Mon/Tue: 12:00-19:30  
Wed/Fri: 09:00-15:30  
Thurs: 09:00-17:30  
Sat: 09:00-12:30  
(2<sup>nd</sup> Saturday of the month)



**SERVICE DU SANG**  
Rue du Fond Du Maréchal 8 - B-5020 Suarée  
[www.BloodDonors.be](http://www.BloodDonors.be)  
[info@croix-rouge.be](mailto:info@croix-rouge.be) / 0800 92 245

## LIEGE CHU LIÈGE

Sart Tilman Route 683 Niv.0  
Avenue de l'hôpital 40  
4000 Liège  
**Tel: 04 323 75 52**  
Open on:  
Mon/Tue/Thurs: 08:00-16:00  
Wed/Fri/sat: 08:00-12:00

## LIÈGE DOS FANCHON

Rue Dos Fanchon 41  
4020 Liège  
**Tel: 04 341 69 11**  
Open on:  
Mon/Wed/Thurs: 08:00-20:00  
Tue/Fri: 08:00-12:30  
Sat: 08:00-14:00

## LUXEMBOURG BASTOGNE

Chaussée d'Houffalize 1  
6600 Bastogne  
**Tel: 061 21 41 30**  
Open on:  
Mon/Tue/Fri: 08:00-12:00  
Wed: 08:00-12:00 / 15:00-18:00  
Thurs: 08:00-12:00 / 17:00-20:00  
Sat: 08:00- 12:00  
(1<sup>st</sup> and 3<sup>rd</sup> Saturday of the month)



# Thank you!

## NAMUR NAMUR

Rue des Dames Blanches 34  
5000 Namur  
**Tel: 081 22 10 10**  
Open on:  
Mon/Thurs: 08:00-19:30  
Tue/Fri: 08:00-16:30  
Wed: 08:00-13:30  
Sat: 08:00-12:30



**SERVICE DU SANG**  
**CROIX-ROUGE** de Belgique

**SERVICE DU SANG**  
**CROIX-ROUGE** de Belgique

# WHAT ARE PLATELETS?

Platelets or “thrombocytes” are fragments of cells produced in the bone marrow which play a key role in preventing or stopping bleeding. They clump together to close wounds and help stop bleeding.

They circulate in the blood alongside red blood cells and white blood cells.



# WHY DONATE YOUR PLATELETS?

Platelets can be obtained from a full blood donation or a platelet donation.

The advantage of platelet donation is that it allows us to collect as many platelets in a single donation as 5 to 10 blood donations.

# WHO NEEDS THEM?

Platelets are useful for patients with cancer or a blood disease such as leukaemia.

They are often transfused during chemotherapy because this treatment destroys healthy cells along with the destruction of cancer cells.

Patients with blood diseases need regular transfusions and a large amount of platelets, red blood cells or plasma, depending on the case.



## Did you know?

Once collected, platelets can be stored for maximum 5 days. That is why we need donations every day!

# HOW OFTEN CAN I DONATE?

You can donate platelets every 4 weeks and alternate with other types of donation.

Therefore, it's possible to donate platelets between 2 blood donations.

Please consider **2 hours** to make this type of donation.

# WHAT ARE THE CRITERIA TO DONATE PLATELETS?

The conditions are globally the same as for a blood donation:

- Be in good health,
- Be 18 years of age or older,
- Weigh at least 50 kg,
- Do not carry any risk of infectious diseases.

In addition:

- The first donation must be made before the age of 61,
- You must have made at least 1 other donation (blood or plasma) previously,
- You must not have taken **aspirin** or **anti-inflammatory** drugs within 5 days before your donation.

Only donors of **groups O and A** can give platelets.

During the medical interview, the doctor will check if your platelet count is sufficient, if you have not taken anti-inflammatories recently, and if you have no other contraindications to donation.

## Did you know?

A single platelet donation allows 1 or 2 adults and up to 3 children to be transfused!

The list of the majority of contraindications can be found on our website:  
[www.BloodDonors.be](http://www.BloodDonors.be)

